

Group	Access to Mental Health Services		Date:	2/27/13 1 – 2:30pm	
Location:	DOLL AND ASSOCIATES – 40 CAMELOT DRIVE		Start Time:	1pm	
Presided Over By:	Sharon Stoffel, Dr. Matt Doll, Gregg Brewer	Minutes By:	Gregg	Adjourned:	2:30pm
Members Present:	Matt Doll, Pam Guiden, Krystle Schmitz, Sharon Stoffel, Christie Reese, Meghan Cole, Robyn Williams, Aimee Meyer, Deobrah Walter, Becky Holzman, Gregg Brewere				
Additional Attendees:	None				
				<b>Next Meeting</b> 4/3/13 1 – 2:30pm with Location TBD	

AGENDA				
	Current Status	Action	Responsible	Date to be completed
Introductions	Completed	N/A	N/A	N/A
“Mental Health Central” funding - Gregg	No update	N/A	N/A	N/A
Website	<p>See second attachment of e-mail. Group provided feedback and changes made. Present plan is to combine our plan with current CSI website and to continue to incorporate aspects of CSI website.</p> <p>We need to look also at securing money for ongoing maintenance (@\$500 per year) of website and promotion of website to providers and consumers, along with responsibility for updating website.</p>	<p>Please review and provide additional feedback to Gregg by 3/15/13. Final draft document will be presented to Steering Cmtee on 3/28/13 for feedback and direction.</p> <p>Think about funding and promotion, along with updating.</p>	<p>All – for feedback</p> <p>Gregg – presentation to Steering Cmtee</p> <p>All</p>	<p>3/15/13</p> <p>3/28/13</p> <p>4/3/13 team meeting</p>

**Objective 1**

Fond du Lac County residents report (County Health Rankings/National Center for Health Statistics) of number of days that, "mental health was not good" will decrease by 10% by 2015.

**Baseline**

Based on 2012 rankings, Fond du Lac County residents report (County Health Rankings/National Center for Health Statistics) of number of days that, "mental health was not good" is 2.8. Based on same data, overall number in Wisconsin is 3.0, and National Benchmark is 2.3 (90<sup>th</sup> percentile).

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<b>Activity 1a (Matt)</b> Decrease stigma of mental illness.		See third attachment of this e-mail. Matt will meet with Wellness sub-group and Becky to continue planning. Goal is to have a "tool kit"/template to provide to different providers (mental health, education, etc.) to take the lead each month on a topic.	Matt and Wellness Group and Becky will continue work on plan.  All – provide feedback to Gregg by <u>3/15/13</u> so plan can be presented to Steering Cmtee on 3/28/13 for feedback and direction.	Matt, Becky and Wellness Group.  All/Gregg	4/3/13 full team meeting  3/15/13 and 3/28/13
Develop two year plan to include monthly community educational programs, monthly newspaper (hard copy and web) articles, and monthly radio shows to address identified topics (depression, anxiety, etc.)	3/1/13				
Secure funding to implement plan.	3/1/13				
Secure agreements with newspapers and radio stations to present programs.	4/1/13				
Secure space and dates/times to present face to face programs.	5/1/13				
Secure individuals to provide above indicated programs.	8/1/13				
Implement plan	9/1/13				
Have plan in place to ensure ongoing creation of two year plans to include monthly community educational programs, monthly newspaper (hard copy and web) articles, and monthly radio shows to address identified topics.	2/1/14				

<b>Activity 1b (Gregg)</b> Ongoing education of professional gatekeepers of current best practices.		Gregg has contacted UW-FDL to discuss their sponsorship so those attending can get CEU's.	Continue work with UW-FDL	Gregg	4/3/13 team meeting
Develop on-line survey to distribute to identified professional gatekeepers requesting topics of interest for training.	11/1/12	<p>Group feels that we should try to provide training to professionals September – November and then January – May, along with other pertinent topics that come up. The topics, unless other areas take precedent, would be the same as those on the Stigma (Activity 1A) plan – see third attachment of e-mail.</p> <p>Programs already planned upcoming include:</p> <p>Bullying - 8/30/13 – at Marian University</p> <p>Suicide - Sept – sponsored by Mental Health America and CSI</p> <p>Helping the Military – Oct – Meghan will get us more information about this.</p> <p>So we may plan to start with November and a program on Seasonal Affective Disorder.</p>	Come up with ideas for presenters for these topics.	All	4/3/13 team meeting
Begin review of survey results.	12/1/12				
Develop two year plan to include monthly community educational programs on best practice topics (face to face and website).	3/1/13				
Secure funding to implement plan.	5/1/13				
Secure funding to implement plan.	8/1/13				
Secure space, dates/times and CEU's.	5/1/13				
Secure individuals to provide training and website posting.	8/1/13				
Implement plan.	9/1/13				
Have plan in place to ensure ongoing two year plans to include monthly community educational programs on best practice topics (face to face and website).	2/1/14				

**Objective 2**

Percentage of Fond du Lac County residents reporting (County Health Rankings/National Center for Health Statistics) "They never, rarely or sometimes get the social and emotional support they need," will decrease by 10% by 2015.

**Baseline**

Based on 2012 rankings, Fond du Lac County residents reporting (County Health Rankings/National Center for Health Statistics), "They never, rarely or sometimes get the social and emotional support they need," is at 15%. Based on same data, overall percentage in Wisconsin is 17%, and National Benchmark is 14% (90<sup>th</sup> percentile).

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<b>Activity 2a (Meghan, Robyn, Aimee and Marilyn)</b> Enhance Wellness Initiatives and Participation.		Will be working with Matt, along with Becky – see Activity 1a and third attachment of this e-mail.	See Activity 1a	See activity 1a	See activity 1a
Identify key wellness (vs. illness) topics (stress management, mindfulness, meditation, resilience, etc.).	10/1/12				
Develop two year plan to include monthly community educational programs, monthly newspaper (hard copy and web) articles, and monthly radio shows to address identified topics.	3/1/13				
Secure funding to implement plan.	3/1/13				
Secure agreements with newspapers and radio stations to present programs.	4/1/13				
Secure space and dates/times to present face to face programs.	5/1/13				
Secure individuals to provide above indicated programs.	8/1/13				
Implement plan.	9/1/13				
Have plan in place to ensure ongoing creation of two year plans to include monthly community educational programs, monthly newspaper (hard copy and web) articles, and monthly radio shows to address identified topics.	2/1/14				

**Objective 3**

Average number of completed suicides per year will decline to 12 or fewer from 2012 - 2015.

**Baseline**

Based on data from the Fond du Lac County Medical Examiner's Office, average number 2002-2011 was 15.1; average number per year 2007 – 2011 was 15. Based on current Fond du Lac County population of 101,633 (US Census Bureau, 2010), and using data from 2007 – 2011 (15 suicides per year), Fond du Lac County suicide rate per 100,000 population is 14.8. US suicide rate is 12.0 (CDC, 2008), and Wisconsin rate is 12.8 (American Association for Suicidology, 2009).

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<p><b>Activity 3a (Sharon and Gregg)</b> By 5/1/14 all County residences and identified professional gatekeepers have received screening tools (hard copy), or notified via a mailing regarding website where tools are posted. Tools are posted on dedicated or other website.</p>	<p>See "Website" related minutes – resources included on website.</p>	<p>See "Website" related minutes – resources included on website.</p>	<p>See "Website" related minutes – resources included on website.</p>	<p>See "Website" related minutes – resources included on website.</p>	
<p>Addresses of all FDL County residences obtained.</p>					<p>12/1/12</p>
<p>List of professional gatekeepers developed.</p>					<p>12/1/12</p>
<p>Web posting plan completed</p>					<p>3/1/13</p>
<p>Screening tools chosen and protocol developed.</p>					<p>9/1/13</p>
<p>Plan and funding secured for purchase, promotion, distribution and web posting.</p>					<p>12/1/13</p>
<p>Screening tools purchased and received.</p>					<p>3/1/14</p>
<p>All County residences and identified professional gatekeepers have received screening tools (hard copy), or notified via a mailing regarding website where tools are posted. Tools are posted on dedicated or other website.</p>					<p>5/1/14</p>
<p>Plan in place to maintain current screening tools on website and keep gatekeepers updated regarding changes.</p>					<p>9/1/14</p>

<b>Activity 3b (Gregg)</b> 100% of identified professional gatekeepers receive trauma informed care training by 4/1/18.		Third trauma informed training, sponsored by SPROUT, took place on 2/15/13. Next one is 4/26/13 – see fourth attachment of e-mail.	Third trauma informed training, sponsored by SPROUT, took place on 2/15/13. Next one is 4/26/13 – see fourth attachment of e-mail.	Third trauma informed training, sponsored by SPROUT, took place on 2/15/13. Next one is 4/26/13 – see fourth attachment of e-mail.	Third trauma informed training, sponsored by SPROUT, took place on 2/15/13. Next one is 4/26/13 – see fourth attachment of e-mail.
List of professional gatekeepers developed.	12/1/12				
Determine content of training (face to face and website).	3/1/13				
Secure providers to provide training and resource to put training on website.	4/1/13				
Secure funding (trainers, space/refreshments, web designer).	4/1/13				
Arrange for training dates, times, locations and CEU's.	6/1/13				
Have promotion arranged.	7/1/13				
Begin promotion of training (for fall).	8/1/13				
Begin training (provide two trainings per year – fall and spring).	9/15/13				
Complete training.	4/1/18				

<b>Activity 3c (Kathy, Meghan, Gregg)</b> Develop and implement comprehensive crisis Intervention and community trauma response program for FDL County.		1/29/13 Becky, Ashley and Gregg met with representatives from City and Co law enforcement, Co Corporate Counsel, and SAH ER. Concerns presented included law enforcement wait time at ER.	Gregg will work with ER re. possible ideas about improving this and then update this team and law enforcement.	Gregg	4/3/13 team meeting
Clarify current gaps (awareness of current crisis line and walk-in service at Fond du Lac County DCP; in-person crisis resource for gatekeepers; short-term services to bridge gap between intake and ongoing treatment, community trauma response).	9/1/12	Community Trauma Team – flyer handed out at 2/15/13 Trauma meeting to recruit those who may be interested. No response yet. Flyer is fifth attachment of this e-mail. Please provide feedback re. changes. Once changes made will distribute at next Trauma training in April.	Flyer – provide feedback to Gregg re. changes.	All	4/3/13 team meeting.
Develop plan to address identified gaps.	2/1/13				
Identify resources (providers, promotional material, training) needed for plan.	5/1/13				
Secure funding for plan.	8/1/13				
Implement plan.	10/1/13				

<b>Activity 3d (Sharon and Brian)</b> Provide QPR training to community.		Sharon will be providing this training during March at the three Agnesian HealthCare ER's.	See previous	Sharon	N/A
Identify current trainers and prospective trainers.	11/1/12				
Secure funding to train trainers and purchase materials for training.	3/1/13				
Have all trainers trained.	8/1/13				
Determine dates/times and locations of training.	10/1/13				
Begin promotion of training.	1/1/14				
Complete 6 training sessions.	4/15/14				
Have plan in place to provide ongoing annual spring and fall training sessions.	10/1/14				

**Objective 4**

Average number of business days prior to first behavioral health appointment for both psychotherapy and psychiatric appointments will decrease by 20% by 2015.

**Baseline**

This data will be gathered for 6 – 9 months of the two largest providers of mental health services in Fond du Lac County. An average between the two of wait time for both psychotherapy and psychiatric services will be determined and this will be the baseline.

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<b>Activity 4a (Robyn and Sharon)</b> By 6/1/13 all County residences and identified professional gatekeepers have received Resource Guide (hard copy), or notified via a mailing regarding website where guide is posted. Guide is posted on dedicated or other website.		See "Website" related minutes – resources included on website.	See "Website" related minutes – resources included on website.	See "Website" related minutes – resources included on website.	See "Website" related minutes – resources included on website.
Addresses of all FDL County residences obtained.	12/1/12				
List of professional gatekeepers developed.	12/1/12				
Web posting plan completed.	2/1/13				
Resource Guide content is completed.	2/1/13				
Plan and funding secured for production, promotion, distribution and web posting.	3/1/13				
Resource Guide will be posted on dedicated or other website.	4/1/13				
All County residences and identified professional gatekeepers have received Resource Guide (hard copy), or notified via a mailing regarding website where guide is posted.	6/1/13				
Plan in place for ongoing updates and notification of gatekeepers of changes.	10/1/13				

<b>Activity 4b (Jim, Larry)</b> Improve purchaser and professional gatekeeper behavioral healthcare literacy.		No update	N/A	N/A	N/A
Finalize educational information to be presented to employers/brokers.	4/1/13				
Finalize presenters	4/1/13				
Secure funding for presentations and resource guide.	4/1/13				
Begin promotion of seminars and outreach to employers/brokers; utilize current business resources (i.e., FDL AC, etc.) to identify recipients of training and to assist in promotion.	4/1/13				
Provide educational seminars to employers (combined or on-site).	5/1/13				
Gather information from area employers regarding behavioral health benefits (deductibles, limits, etc.).	2/1/14				
Provide resource guide (hard copy) to professional gatekeepers summarizing behavioral health benefits.	3/1/14				
Provide educational seminars to employers (combined or on-site).	5/1/14				
Plan in place for two times per year (fall and spring) educational seminars to employers (combined or on-site).	9/1/14				

<b>Activity 4c (Jim)</b> Develop and implement recruitment and retention of mental health providers.		N/A	N/A	N/A	N/A
Identify Key group of stakeholders to address this issue.	2/1/13				
Identify current provider gaps.	6/1/13				
Identify key factors in recruiting and retaining identified providers.	11/1/13				
Develop plan to address key factors.	4/1/14				
Secure funding to implement plan.	9/1/14				
Implement plan.	10/1/14				

<p><b>Ground Rules/Process</b></p> <ol style="list-style-type: none"> <li>1. Start and stop meetings on time.</li> <li>2. Come prepared to the meeting to dialogue and make decisions (do any "homework" prior to the meetings).</li> <li>3. Be accountable - complete tasks you agree to complete.</li> <li>4. Ask questions when you have them.</li> <li>5. Keep the focus on the agreed upon goals – mutual focus on needs of the County, not on individual agency needs.</li> <li>6. Have fun.</li> <li>7. Be creative.</li> <li>8. Be respectful.</li> <li>9. Consensus decision making (final decisions will be something we all can support, even if not "number one" on our personal list).</li> </ol>	Not discussed	N/A	N/A	N/A
<p><b>Review key points, next steps, assignments.</b></p>	Completed	As discussed	As discussed	As discussed
<p><b>Roundtable – final thoughts, concerns, suggestions.</b></p>	Completed	As discussed	As discussed	As discussed