


Group	Access to Mental Health Services		Date: 4/3/13 1 – 2:30pm
Location:	DOLL AND ASSOCIATES – 40 CAMELOT DRIVE		Start Time: 1pm
Presided Over By:	Sharon Stoffel, Dr. Matt Doll, Gregg Brewer	Minutes By: Gregg	Adjourned: 2:30pm
Members Present:	Meghan Cole, Aimee Meyer, robyn Williams Becky Williams, Marilyn Hein, Janet McCord, Matt Doll, Larry Richardson, Kathy Bonde, Krystle Schmitz, Christie Reese, Sharon Stoffel, Gregg Brewer		
Additional Attendees:	None		

Next Meeting 5/22/13 1 – 2:30pm SAH EP Conference Room

AGENDA				
	Current Status	Action	Responsible	Date to be completed
Introductions	Welcome to Janet McCord from Marian University.	N/A	N/A	N/A
3/28/13 Steering Cmtee feedback - Gregg	<p>Gregg reports Cmtee feels we are going in the right direction and to continue.</p> <p>Healthy FDL 2020 Kick-off presentation to the community will be 5/14/13 at 7am at Agnesian HealthCare. Each sub-group will provide an overview of efforts.</p>	Matt, Sharon and Gregg will prepare something for the kick-off. All are welcome to attend. More information to follow	Matt, Sharon and Gregg	5/14/13
Well City Fond du Lac - Larry	Larry provided a presentation on Well City Fond du Lac.	Group will continue to support and complement those efforts as indicated.	Team	Ongoing

<p>Website</p>	<p>There will be a Healthy FDL2020 Website with a link to our area via CSI. Gregg will meet with Brown Boots on 4/8/13 to discuss what we are looking for. Plan is to have both websites up by 7/1/13.</p> <p>Gregg agrees to be point person where information can be sent to update website. He reports staff in his office will keep items updated. More protocol and process needs to be developed.</p>	<p>See previous</p> <p>Develop process and protocol for website inclusions and updates.</p>	<p>Gregg</p> <p>Gregg</p>	<p>4/8/13</p> <p>5/22/13 Team meeting for review and feedback.</p>
<p><u>Objective 1</u> Fond du Lac County residents report (County Health Rankings/National Center for Health Statistics) of number of days that, "mental health was not good" will decrease by 10% by 2015.</p> <p>Baseline Based on 2012 rankings, Fond du Lac County residents report (County Health Rankings/National Center for Health Statistics) of number of days that, "mental health was not good" is 2.8. Based on same data, overall number in Wisconsin is 3.0, and National Benchmark is 2.3 (90th percentile).</p>				

Activity 1a (Matt) Decrease stigma of mental illness.		 Strategic Stigma Change Plan.docx Please see attached. Plan is to start with topic of stigma. If you are interested in doing a fact sheet for any of the areas listed under Public Education , let Matt know.	Sub-group to continue work.	Matt, Meghan, Robyn, Aimee, Becky	5/22/13 update
Develop two year plan to include monthly community educational programs, monthly newspaper (hard copy and web) articles, and monthly radio shows to address identified topics (depression, anxiety, etc.)	3/1/13				
Secure funding to implement plan.	3/1/13				
Secure agreements with newspapers and radio stations to present programs.	4/1/13				
Secure space and dates/times to present face to face programs.	5/1/13				
Secure individuals to provide above indicated programs.	8/1/13				
Implement plan	9/1/13				
Have plan in place to ensure ongoing creation of two year plans to include monthly community educational programs, monthly newspaper (hard copy and web) articles, and monthly radio shows to address identified topics.	2/1/14				

Activity 1b (Gregg) Ongoing education of professional gatekeepers of current best practices.		<p>Gregg has not contacted UW-FDL yet re. arrangement to have training there. Janet will look into Marian as an option also. Website will include links to best practices.</p> <p>Keep thinking of presenters for topic list – see stigma plan for monthly topics.</p>	Follow-up with UW and Marian	Gregg	5/22/13			
Develop on-line survey to distribute to identified professional gatekeepers requesting topics of interest for training.	11/1/12					See previous	All	5/22/13
Begin review of survey results.	12/1/12							
Develop two year plan to include monthly community educational programs on best practice topics (face to face and website).	3/1/13							
Secure funding to implement plan.	5/1/13							
Secure funding to implement plan.	8/1/13							
Secure space, dates/times and CEU's.	5/1/13							
Secure individuals to provide training and website posting.	8/1/13							
Implement plan.	9/1/13							
Have plan in place to ensure ongoing two year plans to include monthly community educational programs on best practice topics (face to face and website).	2/1/14							

Objective 2

Percentage of Fond du Lac County residents reporting (County Health Rankings/National Center for Health Statistics) "They never, rarely or sometimes get the social and emotional support they need," will decrease by 10% by 2015.

Baseline

Based on 2012 rankings, Fond du Lac County residents reporting (County Health Rankings/National Center for Health Statistics), "They never, rarely or sometimes get the social and emotional support they need," is at 15%. Based on same data, overall percentage in Wisconsin is 17%, and National Benchmark is 14% (90th percentile).

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Activity 2a (Meghan, Robyn, Aimee and Marilyn) Enhance Wellness Initiatives and Participation.		Will continue to work with Stigma sub-group with focus on wellness topics.	See previous	Meghan, Robyn, Aimee	5/22/13 update
Identify key wellness (vs. illness) topics (stress management, mindfulness, meditation, resilience, etc.).	10/1/12				
Develop two year plan to include monthly community educational programs, monthly newspaper (hard copy and web) articles, and monthly radio shows to address identified topics.	3/1/13				
Secure funding to implement plan.	3/1/13				
Secure agreements with newspapers and radio stations to present programs.	4/1/13				
Secure space and dates/times to present face to face programs.	5/1/13				
Secure individuals to provide above indicated programs.	8/1/13				
Implement plan.	9/1/13				
Have plan in place to ensure ongoing creation of two year plans to include monthly community educational programs, monthly newspaper (hard copy and web) articles, and monthly radio shows to address identified topics.	2/1/14				

Objective 3

Average number of completed suicides per year will decline to 12 or fewer from 2012 - 2015.

Baseline

Based on data from the Fond du Lac County Medical Examiner's Office, average number 2002-2011 was 15.1; average number per year 2007 – 2011 was 15. Based on current Fond du Lac County population of 101,633 (US Census Bureau, 2010), and using data from 2007 – 2011 (15 suicides per year), Fond du Lac County suicide rate per 100,000 population is 14.8. US suicide rate is 12.0 (CDC, 2008), and Wisconsin rate is 12.8 (American Association for Suicidology, 2009).

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Activity 3a (Sharon and Gregg) By 5/1/14 all County residences and identified professional gatekeepers have received screening tools (hard copy), or notified via a mailing regarding website where tools are posted. Tools are posted on dedicated or other website.		Will be on website.	Work with Brown Boots to get website updated and develop process and protocol for keeping website current.	Gregg	5/22/13 update
Addresses of all FDL County residences obtained.	12/1/12				
List of professional gatekeepers developed.	12/1/12				
Web posting plan completed	3/1/13				
Screening tools chosen and protocol developed.	9/1/13				
Plan and funding secured for purchase, promotion, distribution and web posting.	12/1/13				
Screening tools purchased and received.	3/1/14				
All County residences and identified professional gatekeepers have received screening tools (hard copy), or notified via a mailing regarding website where tools are posted. Tools are posted on dedicated or other website.	5/1/14				
Plan in place to maintain current screening tools on website and keep gatekeepers updated regarding changes.	9/1/14				

Activity 3b (Gregg) 100% of identified professional gatekeepers receive trauma informed care training by 4/1/18.		Next training is 4/26 and then 5/31.	Need to be thinking about what training will be doing related to trauma after 5/31.	Team	5/22/13
List of professional gatekeepers developed.	12/1/12				
Determine content of training (face to face and website).	3/1/13				
Secure providers to provide training and resource to put training on website.	4/1/13				
Secure funding (trainers, space/refreshments, web designer).	4/1/13				
Arrange for training dates, times, locations and CEU's.	6/1/13				
Have promotion arranged.	7/1/13				
Begin promotion of training (for fall).	8/1/13				
Begin training (provide two trainings per year – fall and spring).	9/15/13				
Complete training.	4/1/18				

Activity 3c (Kathy, Meghan, Gregg) Develop and implement comprehensive crisis Intervention and community trauma response program for FDL County.		Gregg will be meeting 4/8/13 with Lori Cardinal (Director of SAH ER) to discuss ideas related to assessment in the ER and improving wait-times related to Medical Clearance.	See previous	Gregg	4/22/13 update
Clarify current gaps (awareness of current crisis line and walk-in service at Fond du Lac County DCP; in-person crisis resource for gatekeepers; short-term services to bridge gap between intake and ongoing treatment, community trauma response).	9/1/12	One person has volunteered for Community Trauma Group. Will promote again at 4/26 Trauma Training.	See previous	Gregg	4/26/13
Develop plan to address identified gaps.	2/1/13	Sub-Group needs to meet to discuss other issues.	See previous	Sub-group	TBD
Identify resources (providers, promotional material, training) needed for plan.	5/1/13				
Secure funding for plan.	8/1/13				
Implement plan.	10/1/13				

Activity 3d (Sharon and Brian) Provide QPR training to community.		Sharon did 7 trainings at Agnesian HealthCare ER's.	Thanks Sharon	N/A	N/A
Identify current trainers and prospective trainers.	11/1/12				
Secure funding to train trainers and purchase materials for training.	3/1/13				
Have all trainers trained.	8/1/13				
Determine dates/times and locations of training.	10/1/13				
Begin promotion of training.	1/1/14				
Complete 6 training sessions.	4/15/14				
Have plan in place to provide ongoing annual spring and fall training sessions.	10/1/14				

Objective 4

Average number of business days prior to first behavioral health appointment for both psychotherapy and psychiatric appointments will decrease by 20% by 2015.

Baseline

This data will be gathered for 6 – 9 months of the two largest providers of mental health services in Fond du Lac County. An average between the two of wait time for both psychotherapy and psychiatric services will be determined and this will be the baseline.

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Activity 4a (Robyn and Sharon) By 6/1/13 all County residences and identified professional gatekeepers have received Resource Guide (hard copy), or notified via a mailing regarding website where guide is posted. Guide is posted on dedicated or other website.		Will be on website.	Work with Brown Boots to get website updated and develop process and protocol for keeping website current.	Gregg	5/22/13 update
Addresses of all FDL County residences obtained.	12/1/12				
List of professional gatekeepers developed.	12/1/12				
Web posting plan completed.	2/1/13				
Resource Guide content is completed.	2/1/13				
Plan and funding secured for production, promotion, distribution and web posting.	3/1/13				
Resource Guide will be posted on dedicated or other website.	4/1/13				
All County residences and identified professional gatekeepers have received Resource Guide (hard copy), or notified via a mailing regarding website where guide is posted.	6/1/13				
Plan in place for ongoing updates and notification of gatekeepers of changes.	10/1/13				

Activity 4b (Jim, Larry) Improve purchaser and professional gatekeeper behavioral healthcare literacy.		Ongoing planning occurring.	See previous	Jim and Larry	5/22/13 update
Finalize educational information to be presented to employers/brokers.	4/1/13				
Finalize presenters	4/1/13				
Secure funding for presentations and resource guide.	4/1/13				
Begin promotion of seminars and outreach to employers/brokers; utilize current business resources (i.e., FDL AC, etc.) to identify recipients of training and to assist in promotion.	4/1/13				
Provide educational seminars to employers (combined or on-site).	5/1/13				
Gather information from area employers regarding behavioral health benefits (deductibles, limits, etc.).	2/1/14				
Provide resource guide (hard copy) to professional gatekeepers summarizing behavioral health benefits.	3/1/14				
Provide educational seminars to employers (combined or on-site).	5/1/14				
Plan in place for two times per year (fall and spring) educational seminars to employers (combined or on-site).	9/1/14				

Activity 4c (Jim) Develop and implement recruitment and retention of mental health providers.		No update	N/A	N/A	N/A
Identify Key group of stakeholders to address this issue.	2/1/13				
Identify current provider gaps.	6/1/13				
Identify key factors in recruiting and retaining identified providers.	11/1/13				
Develop plan to address key factors.	4/1/14				
Secure funding to implement plan.	9/1/14				
Implement plan.	10/1/14				

Ground Rules/Process 1. Start and stop meetings on time. 2. Come prepared to the meeting to dialogue and make decisions (do any "homework" prior to the meetings). 3. Be accountable - complete tasks you agree to complete. 4. Ask questions when you have them. 5. Keep the focus on the agreed upon goals – mutual focus on needs of the County, not on individual agency needs. 6. Have fun. 7. Be creative. 8. Be respectful. 9. Consensus decision making (final decisions will be something we all can support, even if not "number one" on our personal list).	Not discussed.	N/A	N/A	N/A
Review key points, next steps, assignments.	Done	See minutes	See minutes	See minutes
Roundtable – final thoughts, concerns, suggestions.	Done	None	N/A	N/A