

Group	Access to Mental Health Services		Date: 5/22/13 1 – 2:30pm
Location:	SAH ER Conference Room – Go through main entrance of Agnesian and go directly left. Enter through Work & Wellness Department and ask for ER Conf. room.		Start Time: 1pm
Presided Over By:	Sharon Stoffel, Dr. Matt Doll, Gregg Brewer	Minutes By: Gregg	Adjourned: 2:00pm
Members Present:	Becky Holzmann, Aimee Meyer, Robyn Williams, Sharon Stoffel, Christine Reese, Amanda Henn, Krystle Schmitz, Kathy Bonde, Larry Richardson, S. Deborah Walter, Janet Owens Graham, Ashley Birkholz		
Additional Attendees:			

Next Meeting 7/24/13 with location TBD

AGENDA				
	Current Status	Action	Responsible	Date to be completed
Introductions	Welcome to Amanda (FDL Schools Counselor), and Janet (Community member)	N/A	N/A	N/A

<p>Website</p>	<p>Christie reports she is working with BrownBoots to get things going. Anne Brunette (Doll and Associates) and Mary Gescheidle (sp) (FDL Schools) have agreed to get CMS training for ongoing updates. CMS training will be 6/3/13.</p> <p>Will also incorporate Facebook posts. Krystle will get sub-group examples.</p> <p>5/30/13 Christie, Anne, Matt and Gregg will meet to continue finalizing plans.</p> <p>We need three blog posts by end of June to get things started.</p>	<p>Krystle will get sub-group examples.</p> <p>5/30/13 meeting</p> <p>Get Gregg content for these if would like to write one.</p>	<p>Krystle</p> <p>Christie, Anne, Matt and Gregg</p> <p>Team</p>	<p>6/15/13</p> <p>5/30/13</p> <p>6/15/13</p>
<p>CSI Element 4</p>	<p>Christie and Becky report that this element of CSI (Mental Health) will be addressed as part of this team. Group discussed need to have a sub-group continuing to focus on mental health issues of children, as entire group continues to focus on lifespan mental health issues.</p>	<p>Next meeting will discuss sub-group further.</p>	<p>Team</p>	<p>7/24/13 Team meeting</p>
<p><u>Objective 1</u> Fond du Lac County residents report (County Health Rankings/National Center for Health Statistics) of number of days that, "mental health was not good" will decrease by 10% by 2015.</p> <p>Baseline Based on 2012 rankings, Fond du Lac County residents report (County Health Rankings/National Center for Health Statistics) of number of days that, "mental health was not good" is 2.8. Based on same data, overall number in Wisconsin is 3.0, and National Benchmark is 2.3 (90th percentile).</p>				

Activity 1a (Matt) Decrease stigma of mental illness.		<p>Sub-group proceeding. See 5/20/13 e-mail Matt sent everyone re. current plan. Holly Brenner of Agnesian HealthCare is assisting with creating a template for each monthly topic.</p> <p>Articles that individuals submitted re. stigma will be used. Thanks to those who did those. Stigma and Wellness sub-groups will continue to work together, but have focus on both areas.</p>	Sub-group to continue work.	Matt, Meghan, Robyn, Aimee, Becky and Marilyn	7/24/13 Team meeting.
Develop two year plan to include monthly community educational programs, monthly newspaper (hard copy and web) articles, and monthly radio shows to address identified topics (depression, anxiety, etc.)	3/1/13				
Secure funding to implement plan.	3/1/13				
Secure agreements with newspapers and radio stations to present programs.	4/1/13				
Secure space and dates/times to present face to face programs.	5/1/13				
Secure individuals to provide above indicated programs.	8/1/13				
Implement plan	9/1/13				
Have plan in place to ensure ongoing creation of two year plans to include monthly community educational programs, monthly newspaper (hard copy and web) articles, and monthly radio shows to address identified topics.	2/1/14				

Activity 1b (Gregg) Ongoing education of professional gatekeepers of current best practices.	No update.	Follow-up with UW-FDL re. them hosting/sponsoring ongoing training.	Gregg	6/30/13
Develop on-line survey to distribute to identified professional gatekeepers requesting topics of interest for training.	11/1/12			
Begin review of survey results.	12/1/12			
Develop two year plan to include monthly community educational programs on best practice topics (face to face and website).	3/1/13			
Secure funding to implement plan.	5/1/13			
Secure funding to implement plan.	8/1/13			
Secure space, dates/times and CEU's.	5/1/13			
Secure individuals to provide training and website posting.	8/1/13			
Implement plan.	9/1/13			
Have plan in place to ensure ongoing two year plans to include monthly community educational programs on best practice topics (face to face and website).	2/1/14			

Objective 2

Percentage of Fond du Lac County residents reporting (County Health Rankings/National Center for Health Statistics) "They never, rarely or sometimes get the social and emotional support they need," will decrease by 10% by 2015.

Baseline

Based on 2012 rankings, Fond du Lac County residents reporting (County Health Rankings/National Center for Health Statistics), "They never, rarely or sometimes get the social and emotional support they need," is at 15%. Based on same data, overall percentage in Wisconsin is 17%, and National Benchmark is 14% (90th percentile).

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Activity 2a (Meghan, Robyn, Aimee and Marilyn) Enhance Wellness Initiatives and Participation.		Will continue to work with Stigma sub-group with focus on wellness.	See previous	Meghan, Robyn, Aimee and Marilyn	7/24/13 Team meeting
Identify key wellness (vs. illness) topics (stress management, mindfulness, meditation, resilience, etc.).	10/1/12				
Develop two year plan to include monthly community educational programs, monthly newspaper (hard copy and web) articles, and monthly radio shows to address identified topics.	3/1/13				
Secure funding to implement plan.	3/1/13				
Secure agreements with newspapers and radio stations to present programs.	4/1/13				
Secure space and dates/times to present face to face programs.	5/1/13				
Secure individuals to provide above indicated programs.	8/1/13				
Implement plan.	9/1/13				
Have plan in place to ensure ongoing creation of two year plans to include monthly community educational programs, monthly newspaper (hard copy and web) articles, and monthly radio shows to address identified topics.	2/1/14				

Objective 3

Average number of completed suicides per year will decline to 12 or fewer from 2012 - 2015.

Baseline

Based on data from the Fond du Lac County Medical Examiner's Office, average number 2002-2011 was 15.1; average number per year 2007 – 2011 was 15. Based on current Fond du Lac County population of 101,633 (US Census Bureau, 2010), and using data from 2007 – 2011 (15 suicides per year), Fond du Lac County suicide rate per 100,000 population is 14.8. US suicide rate is 12.0 (CDC, 2008), and Wisconsin rate is 12.8 (American Association for Suicidology, 2009).

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Activity 3a (Sharon and Gregg) By 5/1/14 all County residences and identified professional gatekeepers have received screening tools (hard copy), or notified via a mailing regarding website where tools are posted. Tools are posted on dedicated or other website.		Will be on website.	Up by 7/1/13	Website sub-group will continue to work on this.	7/1/13
Addresses of all FDL County residences obtained.	12/1/12				
List of professional gatekeepers developed.	12/1/12				
Web posting plan completed	3/1/13				
Screening tools chosen and protocol developed.	9/1/13				
Plan and funding secured for purchase, promotion, distribution and web posting.	12/1/13				
Screening tools purchased and received.	3/1/14				
All County residences and identified professional gatekeepers have received screening tools (hard copy), or notified via a mailing regarding website where tools are posted. Tools are posted on dedicated or other website.	5/1/14				
Plan in place to maintain current screening tools on website and keep gatekeepers updated regarding changes.	9/1/14				

Activity 3b (Gregg) 100% of identified professional gatekeepers receive trauma informed care training by 4/1/18.		Last SPROUT scheduled trauma training was 4/26/13. Group needs to look into resources regarding ongoing training in this area.	Keep thinking about areas to do trauma-informed training in (teaching, law enforcement, etc.) Contact presenter Krystle saw. Need to discuss further.	Team	7/24/13 Team meeting
List of professional gatekeepers developed.	12/1/12	Krystle recently attended a "Trauma-informed teaching" training.		Gregg	7/24/13 Team meeting
Determine content of training (face to face and website).	3/1/13	Another idea was to begin to look at local higher learning educational settings to include trauma –informed teaching in their course offerings for those in education programs.		Team	7/24/13 Team meeting
Secure providers to provide training and resource to put training on website.	4/1/13				
Secure funding (trainers, space/refreshments, web designer).	4/1/13				
Arrange for training dates, times, locations and CEU's.	6/1/13				
Have promotion arranged.	7/1/13				
Begin promotion of training (for fall).	8/1/13				
Begin training (provide two trainings per year – fall and spring).	9/15/13				
Complete training.	4/1/18				

Activity 3c (Kathy, Meghan, Gregg) Develop and implement comprehensive crisis Intervention and community trauma response program for FDL County.		No update	Team needs to meet	Kathy, Meghan and Gregg	6/30/13
Clarify current gaps (awareness of current crisis line and walk-in service at Fond du Lac County DCP; in-person crisis resource for gatekeepers; short-term services to bridge gap between intake and ongoing treatment, community trauma response).	9/1/12				
Develop plan to address identified gaps.	2/1/13				
Identify resources (providers, promotional material, training) needed for plan.	5/1/13				
Secure funding for plan.	8/1/13				
Implement plan.	10/1/13				

Activity 3d (Sharon and Brian) Provide QPR training to community.		Sharon reports focus in fall will be on training High School students and staff, and law enforcement.	See previous	Sharon	9/30/13
Identify current trainers and prospective trainers.	11/1/12				
Secure funding to train trainers and purchase materials for training.	3/1/13				
Have all trainers trained.	8/1/13				
Determine dates/times and locations of training.	10/1/13				
Begin promotion of training.	1/1/14				
Complete 6 training sessions.	4/15/14				
Have plan in place to provide ongoing annual spring and fall training sessions.	10/1/14				

Objective 4

Average number of business days prior to first behavioral health appointment for both psychotherapy and psychiatric appointments will decrease by 20% by 2015.

Baseline

This data will be gathered for 6 – 9 months of the two largest providers of mental health services in Fond du Lac County. An average between the two of wait time for both psychotherapy and psychiatric services will be determined and this will be the baseline.

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Activity 4a (Robyn and Sharon) By 6/1/13 all County residences and identified professional gatekeepers have received Resource Guide (hard copy), or notified via a mailing regarding website where guide is posted. Guide is posted on dedicated or other website.		Will be included on website.	Website should be up and running by 7/1/13	Website sub-group will continue working on this	7/1/13
Addresses of all FDL County residences obtained.	12/1/12				
List of professional gatekeepers developed.	12/1/12				
Web posting plan completed.	2/1/13				
Resource Guide content is completed.	2/1/13				
Plan and funding secured for production, promotion, distribution and web posting.	3/1/13				
Resource Guide will be posted on dedicated or other website.	4/1/13				
All County residences and identified professional gatekeepers have received Resource Guide (hard copy), or notified via a mailing regarding website where guide is posted.	6/1/13				
Plan in place for ongoing updates and notification of gatekeepers of changes.	10/1/13				

Activity 4b (Jim, Larry) Improve purchaser and professional gatekeeper behavioral healthcare literacy.		<p>Larry reports a Dr. Richard Brown will do a presentation on 6/19/13 at Agnesian HealthCare from 10am - Noon on mental health issues and importance of addressing from a business standpoint.</p> <p>Local brokers and companies will be invited.</p>	Continued organizing of event.	Larry and Jim	6/19/13
Finalize educational information to be presented to employers/brokers.	4/1/13				
Finalize presenters	4/1/13				
Secure funding for presentations and resource guide.	4/1/13				
Begin promotion of seminars and outreach to employers/brokers; utilize current business resources (i.e., FDL AC, etc.) to identify recipients of training and to assist in promotion.	4/1/13				
Provide educational seminars to employers (combined or on-site).	5/1/13				
Gather information from area employers regarding behavioral health benefits (deductibles, limits, etc.).	2/1/14				
Provide resource guide (hard copy) to professional gatekeepers summarizing behavioral health benefits.	3/1/14				
Provide educational seminars to employers (combined or on-site).	5/1/14				
Plan in place for two times per year (fall and spring) educational seminars to employers (combined or on-site).	9/1/14				

Activity 4c (Jim) Develop and implement recruitment and retention of mental health providers.		No update	N/A	N/A	N/A
Identify Key group of stakeholders to address this issue.	2/1/13				
Identify current provider gaps.	6/1/13				
Identify key factors in recruiting and retaining identified providers.	11/1/13				
Develop plan to address key factors.	4/1/14				
Secure funding to implement plan.	9/1/14				
Implement plan.	10/1/14				

<p>Ground Rules/Process</p> <ol style="list-style-type: none"> 1. Start and stop meetings on time. 2. Come prepared to the meeting to dialogue and make decisions (do any "homework" prior to the meetings). 3. Be accountable - complete tasks you agree to complete. 4. Ask questions when you have them. 5. Keep the focus on the agreed upon goals – mutual focus on needs of the County, not on individual agency needs. 6. Have fun. 7. Be creative. 8. Be respectful. 9. Consensus decision making (final decisions will be something we all can support, even if not "number one" on our personal list). 	Not discussed.	N/A	N/A	N/A
<p>Review key points, next steps, assignments.</p>	Completed	See above notes	See above notes	See above notes
<p>Roundtable – final thoughts, concerns, suggestions.</p>	Completed	See above notes	See above notes	See above notes