

Group	Access to Mental Health Services		Date: 8/28/13 1 – 2:30pm
Location:	Doll and Associates 40 Camelot Drive, FDL		Start Time: 1pm
Presided Over By:	Christie Reese, Dr. Matt Doll, Gregg Brewer	Minutes By: Gregg	Adjourned: 2:30pm
Members Present:	Matt Doll, Marilyn Hein, Janet McCord, Lisa McGee, Robyn Williams, Gregg Brewer		
Additional Attendees:	None		
			Next Meeting 9/30/13 1-2:30pm Marian Univ. (exact Location TBD)

AGENDA				
	Current Status	Action	Responsible	Date to be completed
Introductions	Completed	N/A	N/A	N/A
Website - Feedback	Suggestion made to have a "button" where folks could submit an event.	Follow-up with Christie Reese/BrownBoots about adding this.	Gregg	9/30/13
Our Objectives and Activities	Group feels we should have them assessed re. if they are on track, able to be measured, correlated, etc.	Connect with Marian University Research folks re. providing this assessment.	Janet	9/30/13
Survey	Group feels we should survey gatekeepers and consumers re. barriers to service to ensure we are addressing them. Group also feels we should survey professionals also re. training needs.	Connect with Marian University Research folks re. providing this.	Janet	9/30/13
Children/adolescent sub-group	No update	N/A	N/A	N/A
Veteran's needs	Group feels we should have someone with close knowledge of the needs of veterans on the team.	Contact FDL County VA representative re. the team.	Gregg	9/30/13

Objective 1

Fond du Lac County residents report (County Health Rankings/National Center for Health Statistics) of number of days that, "mental health was not good" **will decrease by 10% by 2015.**

Baseline

Based on **2012** rankings, Fond du Lac County residents report (County Health Rankings/National Center for Health Statistics) of number of days that, "mental health was not good" is **2.8**. Based on same data, overall number in Wisconsin is 3.0, and National Benchmark is 2.3 (90th percentile).

2013 – 2.5

Activity 1a (Matt) Decrease stigma of mental illness.		Discussion re. attending Rogers Memorial Hospital's WISE stigma conference on 9/6/13. They are putting together a tool-kit re. stigma based on Corrigan's work.	Matt and Janet will try to attend	Matt and Janet	9/30/13
Develop two year plan to include monthly community educational programs, monthly newspaper (hard copy and web) articles, and monthly radio shows to address identified topics (depression, anxiety, etc.)	3/1/13				
Secure funding to implement plan.	3/1/13				
Secure agreements with newspapers and radio stations to present programs.	4/1/13				
Secure space and dates/times to present face to face programs.	5/1/13				
Secure individuals to provide above indicated programs.	8/1/13				
Implement plan	9/1/13				
Have plan in place to ensure ongoing creation of two year plans to include monthly community educational programs, monthly newspaper (hard copy and web) articles, and monthly radio shows to address identified topics.	2/1/14				

Activity 1b (Gregg) Ongoing education of professional gatekeepers of current best practices.		Gregg reports UW-FDL will assist with hosting, CEU's of programs.	N/A	N/A	N/A
Develop on-line survey to distribute to identified professional gatekeepers requesting topics of interest for training.	11/1/12	Kathy has contact re. doing a Motivational Interviewing training.	Contact possible trainer	Kathy	9/30/13
Begin review of survey results.	12/1/12	Work with Marian Univ. re. surveying gatekeepers re. training needs (see earlier notes)	Contact Marian Univ.	Janet	9/30/13
Develop two year plan to include monthly community educational programs on best practice topics (face to face and website).	3/1/13				
Secure funding to implement plan.	5/1/13				
Secure funding to implement plan.	8/1/13				
Secure space, dates/times and CEU's.	5/1/13				
Secure individuals to provide training and website posting.	8/1/13				
Implement plan.	9/1/13				
Have plan in place to ensure ongoing two year plans to include monthly community educational programs on best practice topics (face to face and website).	2/1/14				

Objective 2

Percentage of Fond du Lac County residents reporting (County Health Rankings/National Center for Health Statistics) "They never, rarely or sometimes get the social and emotional support they need," **will decrease by 10% by 2015.**

Baseline

Based on 2012 rankings, Fond du Lac County residents reporting (County Health Rankings/National Center for Health Statistics), "They never, rarely or sometimes get the social and emotional support they need," is at 15%. Based on same data, overall percentage in Wisconsin is 17%, and National Benchmark is 14% (90th percentile).

2013 – 15%

<p><u>Objective 2</u> Percentage of Fond du Lac County residents reporting (County Health Rankings/National Center for Health Statistics) "They never, rarely or sometimes get the social and emotional support they need," will decrease by 10% by 2015.</p> <p>Baseline Based on 2012 rankings, Fond du Lac County residents reporting (County Health Rankings/National Center for Health Statistics), "They never, rarely or sometimes get the social and emotional support they need," is at 15%. Based on same data, overall percentage in Wisconsin is 17%, and National Benchmark is 14% (90th percentile).</p>	<p>2013 – 15%</p>			
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Activity 2a (Meghan, Robyn, Aimee and Marilyn) Enhance Wellness Initiatives and Participation.		Sub-group is working on media pack	Continued work.	Sub-group	Update at 9/30/13 mtg
Identify key wellness (vs. illness) topics (stress management, mindfulness, meditation, resilience, etc.).	10/1/12				
Develop two year plan to include monthly community educational programs, monthly newspaper (hard copy and web) articles, and monthly radio shows to address identified topics.	3/1/13				
Secure funding to implement plan.	3/1/13				
Secure agreements with newspapers and radio stations to present programs.	4/1/13				
Secure space and dates/times to present face to face programs.	5/1/13				
Secure individuals to provide above indicated programs.	8/1/13				
Implement plan.	9/1/13				
Have plan in place to ensure ongoing creation of two year plans to include monthly community educational programs, monthly newspaper (hard copy and web) articles, and monthly radio shows to address identified topics.	2/1/14				

Objective 3

Average number of completed suicides per year will decline to 12 or fewer from 2012 - 2015.

Baseline

Based on data from the Fond du Lac County Medical Examiner's Office, **average number 2002-2011 was 15.1**; average number per year 2007 – 2011 was 15. Based on current Fond du Lac County population of 101,633 (US Census Bureau, 2010), and using data from 2007 – 2011 (15 suicides per year), Fond du Lac County suicide rate per 100,000 population is 14.8. US suicide rate is 12.0 (CDC, 2008), and Wisconsin rate is 12.8 (American Association for Suicidology, 2009).

2012 - 12

Activity 3a (Sharon and Gregg) By 5/1/14 all County residences and identified professional gatekeepers have received screening tools (hard copy), or notified via a mailing regarding website where tools are posted. Tools are posted on dedicated or other website.		On website. Will await to see what promotion Steering Cmtee has planned.	Find out what promotion Steering Cmtee has planned.	Matt	9/30/13
Addresses of all FDL County residences obtained.	12/1/12				
List of professional gatekeepers developed.	12/1/12				
Web posting plan completed	3/1/13				
Screening tools chosen and protocol developed.	9/1/13				
Plan and funding secured for purchase, promotion, distribution and web posting.	12/1/13				
Screening tools purchased and received.	3/1/14				
All County residences and identified professional gatekeepers have received screening tools (hard copy), or notified via a mailing regarding website where tools are posted. Tools are posted on dedicated or other website.	5/1/14				
Plan in place to maintain current screening tools on website and keep gatekeepers updated regarding changes.	9/1/14				

Activity 3b (Gregg) 100% of identified professional gatekeepers receive trauma informed care training by 4/1/18.		No update	N/A	N/A	N/A
List of professional gatekeepers developed.	12/1/12				
Determine content of training (face to face and website).	3/1/13				
Secure providers to provide training and resource to put training on website.	4/1/13				
Secure funding (trainers, space/refreshments, web designer).	4/1/13				
Arrange for training dates, times, locations and CEU's.	6/1/13				
Have promotion arranged.	7/1/13				
Begin promotion of training (for fall).	8/1/13				
Begin training (provide two trainings per year – fall and spring).	9/15/13				
Complete training.	4/1/18				

Activity 3c (Janet, Lisa, Kathy, Meghan, Gregg) Develop and implement comprehensive crisis Intervention and community trauma response program for FDL County.		Sub-group recommends and whole group agrees that sub-group talk with coordinator of Victim Crisis Response team in Fox Valley re. their program. It appears it may meet the goals of a community trauma response program.	Gregg will contact Coordinator and set up meeting with her and sub-group.	Gregg	9/30/13
Clarify current gaps (awareness of current crisis line and walk-in service at Fond du Lac County DCP; in-person crisis resource for gatekeepers; short-term services to bridge gap between intake and ongoing treatment, community trauma response).	9/1/12				
Develop plan to address identified gaps.	2/1/13				
Identify resources (providers, promotional material, training) needed for plan.	5/1/13				
Secure funding for plan.	8/1/13				
Implement plan.	10/1/13				

Activity 3d (Sharon) Provide QPR training to community.		No update	N/A	N/A	N/A
Identify current trainers and prospective trainers.	11/1/12				
Secure funding to train trainers and purchase materials for training.	3/1/13				
Have all trainers trained.	8/1/13				
Determine dates/times and locations of training.	10/1/13				
Begin promotion of training.	1/1/14				
Complete 6 training sessions.	4/15/14				
Have plan in place to provide ongoing annual spring and fall training sessions.	10/1/14				

Objective 4

Average number of business days prior to first behavioral health appointment for both psychotherapy and psychiatric appointments will decrease by 20% by 2015.

Baseline

This data will be gathered for 6 – 9 months of the two largest providers of mental health services in Fond du Lac County. An average between the two of wait time for both psychotherapy and psychiatric services will be determined and this will be the baseline.

No baseline data collected as of yet.

<p><u>Objective 4</u> Average number of business days prior to first behavioral health appointment for both psychotherapy and psychiatric appointments will decrease by 20% by 2015.</p> <p>Baseline This data will be gathered for 6 – 9 months of the two largest providers of mental health services in Fond du Lac County. An average between the two of wait time for both psychotherapy and psychiatric services will be determined and this will be the baseline.</p>	<p>No baseline data collected as of yet.</p>			
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Activity 4a (Robyn and Sharon) By 6/1/13 all County residences and identified professional gatekeepers have received Resource Guide (hard copy), or notified via a mailing regarding website where guide is posted. Guide is posted on dedicated or other website.		On website. Will await to see what promotion Steering Cmtee has planned.	Find out what promotion Steering Cmtee has planned.	Matt	9/30/13
Addresses of all FDL County residences obtained.	12/1/12				
List of professional gatekeepers developed.	12/1/12				
Web posting plan completed.	2/1/13				
Resource Guide content is completed.	2/1/13				
Plan and funding secured for production, promotion, distribution and web posting.	3/1/13				
Resource Guide will be posted on dedicated or other website.	4/1/13				
All County residences and identified professional gatekeepers have received Resource Guide (hard copy), or notified via a mailing regarding website where guide is posted.	6/1/13				
Plan in place for ongoing updates and notification of gatekeepers of changes.	10/1/13				

Activity 4b (Jim, Larry) Improve purchaser and professional gatekeeper behavioral healthcare literacy.		No update	N/A	N/A	N/A
Finalize educational information to be presented to employers/brokers.	4/1/13				
Finalize presenters	4/1/13				
Secure funding for presentations and resource guide.	4/1/13				
Begin promotion of seminars and outreach to employers/brokers; utilize current business resources (i.e., FDL AC, etc.) to identify recipients of training and to assist in promotion.	4/1/13				
Provide educational seminars to employers (combined or on-site).	5/1/13				
Gather information from area employers regarding behavioral health benefits (deductibles, limits, etc.).	2/1/14				
Provide resource guide (hard copy) to professional gatekeepers summarizing behavioral health benefits.	3/1/14				
Provide educational seminars to employers (combined or on-site).	5/1/14				
Plan in place for two times per year (fall and spring) educational seminars to employers (combined or on-site).	9/1/14				

Activity 4c (Jim) Develop and implement recruitment and retention of mental health providers.		No update	N/A	N/A	N/A
Identify Key group of stakeholders to address this issue.	2/1/13				
Identify current provider gaps.	6/1/13				
Identify key factors in recruiting and retaining identified providers.	11/1/13				
Develop plan to address key factors.	4/1/14				
Secure funding to implement plan.	9/1/14				
Implement plan.	10/1/14				

Ground Rules/Process <ol style="list-style-type: none"> 1. Start and stop meetings on time. 2. Come prepared to the meeting to dialogue and make decisions (do any "homework" prior to the meetings). 3. Be accountable - complete tasks you agree to complete. 4. Ask questions when you have them. 5. Keep the focus on the agreed upon goals – mutual focus on needs of the County, not on individual agency needs. 6. Have fun. 7. Be creative. 8. Be respectful. 9. Consensus decision making (final decisions will be something we all can support, even if not "number one" on our personal list). 	On track	N/A	N/A	N/A
Review key points, next steps, assignments.	Completed	See above notes	See above notes	See above notes
Roundtable – final thoughts, concerns, suggestions.	Completed	N/A	N/A	N/A