

Name of Meeting: Living Well FDL


Facilitator: Kya Schnettler

Date of Meeting: 8/18/2015 **Time:** 8 am

Recorder: Kya Schnettler

Attendance: JJ Raflik, Dusty Krikau, Karissa Schneider, Cathy Loomans, Amanda Miller, Colleen Deanovich, Kya Schnettler, Laura Stalland, Nicole Wiegert, Greg Giles

Topic:	Major Points Discussed:	Action Required:	Assigned to:	Due Date:
Welcome				
Update on Continuing Programming				
Fruit and Vegetable RX Update	Program started enrollment in June 2015. 6 patients enrolled so far with goal of 50 by 12/2015. Working out kinks in program. 4 Ipads donated through Agnesian Community Benefit for education in chemo and radiation areas to ensure foods are being used.	More updates as program continues.		
DHS Chronic Disease Meeting – July 16 in Stevens Point	Jeff Butz, Jordan Skiff, Dr. Heather Schmidt, Laura Stalland, Kim Mueller and Kya Schnettler spoke on panel. Lots of positive feedback from attendees. Creating a "lucky" Community to Increase Health Outcomes Fond du Lac has been creating luck while working to better health outcomes throughout their community. This luck occurs when preparation meets opportunity. Preparation for health improvement opportunities takes investing in community resources, time spent on relationship building, and a growing of trust in order to take advantage of opportunity when it presents itself. Community change for improved health cannot be dependent on one intervention, funding source, or organization. Cross sector collaboration is critical for improving the health of the community.			
Update from Healthy Fond du Lac 2020	Brochure Update – New strategies and measures of success have been established to match Healthy People 2020 goals. Coalition gave input on keeping the format of brochure the same with concerns of amount of content on brochure, dates blending in and format looking the same as last year.	Any additional feedback please share with Kim Mueller.		

Breastfeeding Friendly Childcare for Fall 2015	Kya met with SPROUT committee in August and they have agreed to co-sponsor county wide training for all childcare centers to be held on Tuesday August 20 th from 6:30-8:30pm at Agnesian HealthCare.	Coalition members needed for assistance with training check in.		
Community Garden Initiative	<p>Spark Grant Application – WEA Trust \$3000 grant was submitted by Kya for Community Garden Initiative. The city parks department has prioritized which parks would be best to start with. Funds would go to support paying for supplies for raised garden beds and a media campaign to get the community involved.</p> <p>Dusty shared that the DFP created an edible planter in front of their office. Potential partnership for us to work together to create edible planters on main street for next summer with some signage to highlight community gardens if they are up and running by then.</p>  <p>Included in planter is butter lettuce, parsley, carrots, garlic, mint, basil, peppers, swiss chard, lavender, kale, and nasturtium.</p>			
Resource Sharing				
	<p>Y210 Kits 2015-16 School Year Kits will be delivered in late September to 27 3rd grade classrooms plus 90 STEM students. New classrooms include Chegwin and Riverside Schools.</p> <p>LIVESTRONG at the YMCA The Fond du Lac YMCA has applied to be in the next cohort of YMCA's to deliver the LIVESTRONG exercise program for cancer patients. This would enable those diagnosed with cancer to regain strength and health in order to live a healthy lifestyle.</p>	<p>Amanda Miller – Rosendale Connection Dusty Krikau – Rosenow connection</p> <p>Notification coming end of August. Kya will keep group updated.</p>		

	<p>E-Cigarette Presentation Sandy Bernier with the Fond du Lac County Asthma and Tobacco Coalition asked to inform the coalition of upcoming E-Cigarette presentation at Agnesian HealthCare on Thursday September 24th from 6-7pm.</p> <p>Get Up & Go Challenge Kya shared on behalf of Jeff Butz the FABOH Get Up & Go yearly fitness challenge. Starts September 2015. For more information contact Jeff Butz.</p> <p>Website Revisions The website has been revised for resources to be listed as Active Living, Healthy Eating, and For Providers.</p>	<p>Please promote program among your clients and populations.</p> <p>Coalition members who have resources should distribute to Kya to put on website.</p>		
Fondy5210 Worktime/Updates	Fondy5210 posters and bookmark sized educational cards are available for anyone to use on the website. Black and white versions have now been added upon coalition request	<p>http://www.livingwellfdl.org/fondy5210.html</p> <p>If distributed, please email Kya how many were distributed for tracking purposes.</p>		Ongoing
Patient Population	The obesity toolkit will be implemented in Dr. Schmidt's office from September 8-22. Patients will be referred to community resources and have a punch card for FONDY5210 with expectations for each number in the concept being set and follow up on by physician. Patients will be followed for 12 weeks. Potential to utilize this tool with more populations in the future such as WIC families.			
Senior Population				

2015 Full Meetings - Tuesday October 20 at 8am - YMCA