

Name of Meeting: Living Well FDL

Facilitator: Kya Schnettler

Date of Meeting: 12/18/2014 **Time:** 12 pm

Recorder: Kya Schnettler

Attendance: Rose Ahern, Chrissy Boe, Jeff Butz, Colleen Deanovich, Jean Holzman, Joel Mason, Kim Mueller, J.J. Raflik, Dr. Health Schmidt, Kya Schnettler, Sharon Simmon, Jennifer Walters

Topic:	Major Points Discussed:	Action Required:	Assigned to:	Due Date:
Breastfeeding Promotion Subcommittee Update	3 child care centers have been trained – YMCA, Bright Beginnings in Fond du Lac and Ripon Children’s Learning Center. Centers are receptive to training and are very engaged in the creating culture of breastfeeding issue.	Continued training by Breastfeeding subcommittee	Subcommittee	Ongoing
Fruit/Vegetable Promotion Subcommittee Update	Food Insecurity Nutrition Incentive – Grant submitted by Downtown Fond du Lac Partnership with Living Well and UW Extension for \$18,000 to fund a 1 year double days program for the Downtown Fond du Lac Market. Agnesian Cancer Center potential project – Kya and Dr. Schmidt have been meeting with Lisa Michels to create a fruit and veg RX program for breast cancer patients stage 0-3 with a BMI of 30 or over. More to come as program develops – researching funding path directly from Agnesian community benefit.	Funding is written in for cooking demos, FondY5210 recipes, and opportunities exist for coalition members to get involved.		Funding to be announced in Spring.
Ongoing Business				
	Head Start Program – Fitness and Fun Event Head Start and UW Extension held parent/kid night at YMCA with kids	None		

	using the inflatable obstacle course and parents received WE CAN!, YMCA day passes, and FondY5210 education. Approximately 15 attendees. Plan to continue with partnership next year.			
New Business:				
2014 Year in Review	Spreadsheet of strategic plan was handed out. A formal year in review document will be distributed after the first of the year.		Kya	End of 2014
Sneak Peak of Strategic Planning Session with UW Extension	Reserve 8-11am on Tuesday Feb. 10 and 24 for a formal strategic planning session led by Diana Tscheschlok at UW Extension to determine 2015-2017 strategic plan. Will be based off of 2015 CHIP which will be available soon.	Mark calendar	All	
Physical Education Bikes	Joel Mason announced that PE teacher, Beth Olson, from Lakeshore Elementary has been inquiring about getting 30 bikes in order to teach bike skills. She has a quote for \$19,000 from Attitude for 30 bikes and a trailer. Group discusses if coalition could assist in this project. Cops for Kids, FDL Police Department, or Fond du Lac area Foundation may be opportunities for fundraising. Group thought this could be a good connection to bike to school day and the Loop to encourage safety and could extend out to the community and SMS Academy for more use.	Kya will get in touch with Beth Olson to discuss project structure and inquire if other PE teachers have been interested.	All – resource outreach for funding and possible partnerships	Ongoing

Announcements				
Loop Funding Update	<p>2015 and Phase 2 of the Fond du Lac Loop project. Two very big improvements and additional upgrades are in the works:</p> <ol style="list-style-type: none"> 1. The Lakeside Park Loop Trail. Exciting news: Agnesian HealthCare President and CEO Steve Little has made a pledge that would cover the cost of this project! This makes the possibility of getting this completed in 2015 very real. This development will allow community members to enjoy a riverside path and a beautiful lake view promenade as they travel the Loop. 2. The Camelot Trail, adjacent to Agnesian HealthCare's new clinic and also near the upcoming Grande Cheese corporate HQ facility, is moving forward. Funding from the Department of Transportation and matching local pledges gives us an expected 2016 completion date. 3. There are continued efforts to keep Loop brochures/maps updated and in circulation. There are also additional trail signs and painted direction arrows planned. Additionally, we are evaluating a proposal to get a center (safety) dash line around the entire paved 			Ongoing

	<p>trails part of the Loop.</p> <p>4. We will be posting our growing Loop donation gratitude list on the website, and wherever possible on brochures, as well as on other publicity opportunities that come our way.</p>			
FABOH Wellness Conference	<p>10th Annual Wellness Conference will be held on January 15, 2015 at Whispering Springs Golf Course on the topic of prediabetes. \$50 for non-FABOH members.</p>	Contact Jeff Butz to register.		

Next Full Meeting – Strategic Planning Sessions – Tuesday February 10 and 24th 8-11am