

Date of Meeting: January 24, 2019

Time: 12:05 p.m. – 1:03 p.m.

Chair: Larry Richardson

Location: Fond du Lac Area Foundation, 384 N Main St., Fond du Lac, WI 54935

Recorder: Sarah Faust



Attendance: Erin Gerred, FDL County; Chief Bill Lamb; FDL Police Department; Kim Mueller, FDL Co Health Dept.; Lalitha Ramamoorth, Marian University; Larry Richardson, FABOH; Jackie Runge, FDL Area Foundation; Dr. Schmidt, Agnesian/SSM Health; Erin Brendelson, FDL School District; Michelle Tidemann, Extension FDL County; Melissa Worthington, Envision Greater FDL; Sarah Faust, FDL Co Health Dept.; Linda Matheson, Marian University;

Also in Attendance: Carol Collien, Community Member; Sandy Bernier, FDL Co Health Dept.; Kim Bestul, FDL Co Health Department Intern

Excused: Dr. DeGere, Agnesian/SSM Health; Greg Giles, FDL YMCA; Jim Salasek; Community Member; Jennifer Walters, Aurora HealthCare; Sara Hathaway, Ripon College; Marty Ryan, Rotary; Amber Kilawee, United Way; Lori Schrage, MPTC; Eric Toney, FDL County DA; Kelly Norton

Topic:	Major Points Discussed:	Action Required:	Assigned to:
Welcome and Introductions	Introduce new members – Welcome, Linda Matheson and Erin Brendelson! Thank you for joining us. Also welcome to our special guest Carol Collien, professor at UW-Oshkosh and resident of Lamartine, who is attending to learn more about Healthy FDL 2020.	None	
Review and approval of minutes from Oct. 2018	Motion made by Dr. Schmidt; second by Shelley Tidemann. Minutes Approved.		
WI Healthy Communities Designation	Road sign has been received. Members in attendance took photo with with road sign to share news in press release. <i>Please share the press release among your network and on Facebook.</i> Suggestions on where to place road sign included the FDL City/County Government center.	Share Press release with meeting minutes (see attached). Work with maintenance to install sign	Sarah Kim
Community Health Improvement Plan (CHIP)	No feedback for changes received since last meeting. Mental Health committee finalized their goals, objectives, and strategies. Once approved the complete report will be uploaded onto the website along with the brochure and cause cards. Identified Media Subcommittee to plan for outreach re: 2018-2021 CHIP. Subcommittee consists of Kim, Melissa, Shelley, and Jackie.	Send out report for review. Please provide feedback by Feb. 8th Identify groups in community to present CHIP by APR 2019.	Sarah/All Media Subcommittee

<p>Cause Cards, Brochures, Elevator Speech, Power Point</p>	<p>Cause Cards – In process of printing 100 set of each card. Cards will be on heavier cardstock and reusable.</p> <p>Brochures – In process of printing 3,000 copies. Sarah will deliver cards and brochures to steering committee members once they are ready (by end of early next week).</p> <p>Power Point – reviewed Healthy FDL Co 2020 Overview Presentation. Feedback: insert key findings slides before strategies and recent accomplishments. Please tailor the PowerPoints to fit your needs based on the audience you are presenting to and other circumstances (time, relevance, etc.) Shorter presentation includes the “ask” of community members.</p> <p>Elevator Speech – Reviewed the first draft of the elevator speech. Feedback: include definition for social determinants of health and trauma-informed care.</p>	<p>Deliver cause cards/brochure upon arrival</p> <p>Send out two versions of PowerPoint (30 slides and 15 slides)</p> <p>Revise Elevator speech; provide any additional feedback by Feb. 8</p>	<p>Sarah</p> <p>Sarah</p> <p>Sarah/ ALL</p>
<p>Summary Reports</p>	<p>Nutrition and Physical Activity by Dr. Schmidt: Living Well FDL Coalition has served as a steering committee for the PEP Grant at FDL School District. As grant winds down and for sustainability purposes the coalition will be housed under the FDL Co Health Department. Dr. Schmidt will continue to serve as the priority lead. At the last Living Well meeting, Valerie Graczyk shared the “Summer of Fun” initiative she is coordinating. The initiative aligns with the coalition goals to increase nutrition and physical activity among children. Living Well Coalition may help coordinate efforts for area youth receive a bike if in need, receive bike safety lessons, and assist in summer meals program gaps in events this spring/summer.</p> <p>Alcohol and Other Drug Abuse by Chief Bill Lamb: Working to increase consistency in compliance checks across the area. Failures rates (selling alcohol to an underage) for compliance tend to drop off significantly when looking across the state. Current trends: heroin trending down; cocaine and meth are on the rise. Milwaukee area has been seeing cocaine laced with fentanyl. Drug trends are</p>	<p>Informational.</p> <p>See reports attached.</p>	

	<p>mostly determined by the cartel – reason for recent rise in cocaine on the eastern side of WI rather than meth as seen on the west side of the state.</p> <p>Conversation changers: marijuana being perceived as a safer drug of choice (similar to alcohol); recent conversation at the state level for legalizing marijuana and legalization of hemp (difficult to differentiate hemp vs marijuana). Trends other states have seen that have legalized marijuana recreationally: increases in theft & burglary (legal to grow small amount at home) and fatal drugged driving. Legalization did not see success so far in driving down cartels/black market as they sell it under the legal cost.</p> <p>Mental Health Committee by Jim Salasek:</p> <p>See final goals and objectives for the mental health priority attached.</p> <p>Other updates by Sarah Faust: Prevent Suicide FDL has established two subcommittees: Education & Awareness and Safety Planning. E & A subcommittee is working to coordinate messaging using a consistent language to reduce stigma, connect consumers to resources, and increase community members’ understanding of the importance of suicide prevention activities. Safety planning subcommittee is working to develop a more universal approach to safety planning across the county.</p> <p>Self-Harm Death Review Team- will be meeting in Feb. to review the first set of cases. The goal of this team is explore missed opportunities for interventions and increase the community response to end suicide deaths. The team will develop recommendations to improve to responses to deaths and take action on prevention recommendations made.</p> <p>In Nov. a group of about 25 became certified trainers for Question, Persuade, Prefer (QPR) Trainings. QPR is a gatekeeper training that teaches individuals to recognize signs of mental distress, respond in a safe & supportive way, and help those in need access resources.</p>	See report attached.	
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	To make a request for a QPR training contact Tammi Kohlman at kohlmant@fonddulac.k12.wi.us		
Open Discussion	<p>LIFE Report – http://www.lifefdlc.com/ - Website is now live and contains data on health & wellness, demographics, and other indicators.</p> <p>St. Mary Springs Academy representation – Kelly Norton has moved on to Grande Cheese. Will need to reach out to SMSA once position is filled permanently to continue Healthy FDL 2020 partnership.</p> <p>Healthy FDL County 2020 Award – Envision Greater FDL announced that Healthy FDL Co 2020 will be receiving the Eden-Schneider community award at their annual meeting on Tuesday, Feb. 19. The award acknowledges a collaborative that has had community impact. As Chair, Larry Richardson will accept the award on behalf of Healthy 2020.</p>	Reach out to Kelly to explore possibility of representing Grande Cheese on Healthy 2020	Kim
Next Meeting Date	<p>April 25th 2019, 12-1pm at the Fond du Lac Area Foundation</p> <p>July 25th, 2019, noon</p> <p>October 24th, 2019, noon</p>		