

**Name of Meeting:** Living Well FDL

**Facilitator:** Kya Schnettler

**Date of Meeting:** 6/30/2015 **Time:** 8 am

**Recorder:** Kya Schnettler

**Attendance:** Joel Mason, JJ Raflik, Dusty Krikau, Karissa Schneider, Cathy Loomans, Amanda Miller, Colleen Deanovich, Kim Mueller, Dr. Health Schmidt, Kya Schnettler, Laura Stalland, Nicole Wiegert

<b>Topic:</b>	<b>Major Points Discussed:</b>	<b>Action Required:</b>	<b>Assigned to:</b>	<b>Due Date:</b>
<b>Welcome</b>	Welcome to two new members: Dusty Krikau – Downtown Fond du Lac Partnership Cathy Loomans - Fond du Lac Senior Center			
<b>Update on Continuing Programming</b>				
Breastfeeding Friendly Childcare for Fall 2015	Colleen gave update – 4 child care centers trained as of June 2015. Kya met with SPROUT committee and they have decided to assist with larger group training for fall. The training will invite staff from all Fond du Lac County licensed child cares. All in attendance can get free CEU's for attending and those centers interested in completing the certification can follow up with Kya. Date TBA.	Coalition members may be needed to assist with check in on date of training. Date TBA		Date TBA – Fall 2015
DHS Chronic Disease Meeting – July 16 in Stevens Point	The coalition has been asked to present as a panel for the Wisconsin Department of Health Services, Chronic Disease Unit partner meeting in July. This meeting pulls together local work throughout the state in areas of obesity, diabetes and heart disease prevention. Panel will cover how Fond du Lac creates luck by building relationships to capitalize quickly when health improvement opportunities come up. Members of the coalition to attend are: Dr. Schmidt, Kya Schnettler, Laura Stalland, Kim Mueller and Jeff Butz. Jordan Skiff will also attend to discuss Loop initiatives. Congrats to the coalition for being recognized as doing great work!	None at this time.		Will update on how presentation went at August meeting.

Update from Healthy Fond du Lac 2020	Robert Wood Johnson Foundation Coaching Opportunity – Amanda Miller provided update. Amanda, Dr. Schmidt, Kya, Sam Twohig from dental health, and Ellen Sorenson from Alcohol prevention will be working with a online coach to find a social or economic issue that cuts across all 4 Healthy Fond du Lac priority areas. Each area will work in coordination with the others with a shared goal as the first step to having collective impact within Healthy Fond du Lac 2020.	The group involved in the coaching hopes to bring back lessons learned to the Living Well FDL Coalition.		July – October 2015
	Goals and Objectives for 2015-2018: Kya provided update that each priority area was asked to submit new goals and objectives by July 2015. These have been submitted and were handed out at the meeting for review. Goals have been submitted to steering committee.	Kya will take care of any changes requested from Healthy Fond du Lac 2020.	Kya	Completed by August 2015 – Currently in progress
Double Days at Farmers Market	Dusty from DFP gave an update on programming for the summer markets: 1. Shopped and Chopped with Chef Jon on the 1 <sup>st</sup> Saturday of each month at 9:30 2. Amanda Miller educating on canning and preserving on the 4 <sup>th</sup> Saturday of each month 3. Veggie Valet has opportunities for non-profits to volunteer 4. Double Days will run on July 4, August 1 and September 5 <sup>th</sup> . The YMCA is sponsoring the program at \$500.  Dusty, Amanda, and Kya submitted a USDA grant on behalf of DFP for 2015-2018 “Reaching Diverse Populations through SNAP at the Farmers Market” This grant would allow funding for marketing EBT at the market to Spanish and Hmong speaking customers and more low income customers.	In future years, the hope for the Double Days program is that each organization within the coalition will step up and sponsor the program for one year. Last year the program utilized \$800 of funding. Ideas from the coalition about community donated shares and text to donate also came up to make the program more sustainable. Dusty will be looking into these.  The Coalition will find out about the grant on September 1.		Ongoing
<b>Resource Sharing</b>				
	Veggie Bites – Kya shared the Veggie Bites educational brochures created by UW Extension. These now have the Fondy5210 logo on them. They are handed out at the farmers market and at the	Veggie Bites are available for everyone’s use and can be found here: <a href="http://www.livingwellfdl.org/fondy5210.html">http://www.livingwellfdl.org/fondy5210.html</a> If distributed, please email Kya how many were		

	<p>YMCA as a great shopping and cooking resource.</p> <p>Parkinson's Exercise Program: Joel Mason shared about this program he runs at the Y as a partnership between the Y and Agnesian. \$35/month for Y members and \$50 for nonmembers. Great program with people regaining their skills and some function.</p> <p>County Trails update from Sam Tobias – Kya read from Sam that 1. A grant has been submitted to purchase a half-mile section of abandoned railroad in the Village of Rosendale. This would connect to result in a 1.5 mile westward extension of the trail from Hwy 26. 2. A grant application was submitted to replace the old wood bridge on the Peebles Trail east of the Prairie Road.</p>	<p>distributed for tracking purposes.</p> <p>More information on Parkinson's Program: <a href="http://www.fdlymca.org/parkinsonsexerciseclas.html">http://www.fdlymca.org/parkinsonsexerciseclas.html</a></p> <p>Sam will keep us updated on grant requests.</p>		
<b>Fondy5210 Worktime/Updates</b>	Fondy5210 posters and bookmark sized educational cards are available for anyone to use on the website.	<a href="http://www.livingwellfdl.org/fondy5210.html">http://www.livingwellfdl.org/fondy5210.html</a> If distributed, please email Kya how many were distributed for tracking purposes.		Ongoing
Patient Population	Dr. Schmidt gave update – A DNP student from UW Oshkosh is working with her office to develop a resource guide for referral of overweight and obese patients to programming. Ashely, the student, will be at the coalition meeting in August to share the guide and get feedback. She plans to involve Fondy5210 materials in the toolkit for patients.	Reply to Ashley with resources if she contacts you.		August 2015
Senior Population	<p>Cathy Loomans has been brought up to speed on the work Jean was doing on the senior population. Cathy is looking to hire a new wellness coordinator. Once that position is filled, the plan with the Fond du Lac Senior Center will resume.</p> <p>Kya has reached out to two of the home health nurses through public health who visit with seniors. The nurses provided valuable insight and shared that the basic educational poster and bookmark would be enough to get the weight management conversation</p>	<p>Waiting on wellness coordinator to be hired.</p> <p>Kya will be reaching back out to nurses to have them start tracking how many outreach sessions they do with materials during home health visits with full support of Kim Mueller from public health.</p>		Ongoing

	started with patients while supplying some education. Other ed. Materials can be supplemented on a “as needed” basis.			
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**2015 Full Meeting – Tuesday August 18 at 8am - YMCA**  
**Tuesday October 20 at 8am - YMCA**