

Name of Meeting: Living Well FDL meeting

Facilitator: Kya Schnettler

Date of Meeting: 12/15/2015 **Time:** 8am

Recorder: Kya Schnettler

Attendance: Jeff Butz, Kim Mueller, Jennifer Walters, Laura Stalland, Nicole Wiegert, Colleen Deanovich, Barbara Sippel, Dusty Krikau, Kya Schnettler, Joel Mason, Alexandria Berg, Cathy Loomans

Topic:	Major Points Discussed:	Action Required:	Assigned to:	Due Date:
Welcome				
Update on Programs				
	Community Garden Stakeholder Meeting Recap	Meeting minutes are attached		Next Stakeholder Meeting early February – all are welcome
	Farmers Market – Healthy Living Saturdays Dusty is looking to schedule one Saturday a month to feature healthy living. Ideas so far have included The Loop, McDermott Park Winter Activity updates, Blood Pressure screening, etc.	LIVESTRONG at the YMCA is interested. Please contact Dusty if you know of a group/organization who would like to volunteer.	All	Spring/Summer 2016
	Loop Update – Lakeside Park and Camelot Drive Areas	Meeting minutes from the last Loop meeting are attached.		Ongoing
	Y5210 and ActiveEdu Update Discussion between Marian Sheridan and Kya Schnettler occurred to examine ways to have the programs complement each other after Agnesian showed interest in ActiveEdu.	None at this time.		Ongoing

	ActiveEdu will be implemented in kindergarten and 1 st grade classrooms in Fond du Lac Public Schools in 2016. Y5210 will remain and grow with a systems approach within the 3 rd grade level.			
Resource Sharing				
	<p>Photovoice & Healthy Fond du Lac 2020</p> <p>Kim Mueller shared that the steering committee there is a subcommittee of individuals on the steering committee focusing on promoting and raising awareness of Healthy Fond du Lac 2020. Kya will be working with this group and the other priority area coordinators to write a Fond du Lac Area Foundation grant to secure finances to work on a photovoice project this spring. Photovoice is a participatory action research where community members are empowered to share their words and photographs as a way to reach decision-makers and implement positive change in their home communities. Topic areas are still being vetted – community members are being</p>	Write grant and connect with other priority areas.	Kya Schnettler, Kim Mueller, Heather Schmidt	Grant – January Project – late Spring

	<p>approached through Boys & Girls Club and possibly the Fond du Lac Senior Center. Marian University nursing students will be assisting in the implementation of the project through their site placement at the health department.</p>			
	<p>Agnesian Physician Referrals – Project Update Dr. Schmidt and Nicole provided update – Referral set to go live in January with approximately 15 referrals mechanisms in place. Will be looking for expanded offerings once referral is up and running, kinks worked out, and promoted to Agnesian physicians.</p>			Ongoing
FONDY5210 Updates				
	<p>Low Income Housing Unit Outreach Consistent outreach at the 4 housing units has provided over 200 educational touches have occurred since program started. Kya and public health nurses will be creating and evaluation for January 2016 to gather feedback on ways to meet needs to the population going forward many of them who are repeat</p>		<p>Kya Schnettler, Darlene Hanke, and Kathy Pauly</p>	Ongoing



	visits to the nurses.			
Announcements	Headstart Physical Activity Night – January 14 at the YMCA. Open to Headstart families in partnership with UW Extension, Living Well FDL Coalition and YMCA.	Kids get exercise in the gym and on the inflatable while parents get education on ways to get their family active. YMCA day passes are incentive for attendance.		
Future Meeting Dates	February 16, 2016 August 16, 2016 April 19, 2016 October 18, 2016 June 21, 2016 December 20, 2016	Mark calendar for future meeting dates.	All	

Community Garden Stakeholder Meeting

YMCA Boardroom – November 18, 2015 – 6pm

In Attendance: Alex Berg – YMCA, John Redmond – City of Fond du Lac Parks, Jordan Skiff – City of Fond du Lac Planner, Dusty Krikau – Downtown Fond du Lac Partnership, Dr. Heather Schmidt – Agnesian HealthCare, Donna Van Buren – Agnesian Healthcare, Patty Percy – UW Extension Master Gardener, Caitlin Buretta- Fond du Lac County Wellness Assistant/Volunteer, Dennis Meyer - Fraser Farms, Kya Schnettler – Living Well FDL Coalition

Welcome

Living Well FDL Coalition perspective – The group was brought together to begin discussions on what a coordinated strategy for community gardens throughout the community would look like. Multiple stakeholders and community members have contact the coalition this summer asking about community gardens prompting the meeting.

What is currently happening?

Fond du Lac City Parks perspective – John and Jordan shared they are willing to explore placing a community garden in a city park. Best location was identified as Hamilton Park after discussions with the Living Well FDL coalition due to being in a neighborhood of need, close proximity to YMCA/B&G Club where volunteers could be accessed, and easy access to a water pipe which runs under the park. As new parks are developed, the City is open to placing gardens in new parks starting in 2017, although none of the new parks will be centrally located in the city.

The old Quick Freeze site at the corner of Western Ave and Oak St has been brought up numerous times as a garden site. At this time, that area is a DNR remediation site and therefore not able to be used. Jordan shared there is potential for some clean up at the site in 2017.

Dusty Krikau shared the closest commercially available kitchen space (lots of farmers market vendors prepare canned foods in one of these) is in Waldo approximately 30 miles southeast.

Caitlin Buretta shared plans she has been developing for a business which would buy the Parrot Palms and 4 parcels of land directly west of the property to develop a community garden/community center. Plans are still in the early stages but great to know about when planning parks and evaluating where need may lie/what resources already exist or will soon.

Sharing of other gardens in the community – Master Gardeners shared they struggle to attract community members to buying a plot of the community garden on the corner of Grove Street and Pioneer Road. Many agreed that a community garden in the central area of the city could expose more people to gardening and in the long term build more demand for the Master Gardeners community garden as people gain more experience.

Discussion of a 3 different models of community gardens was brought up. This group has yet to fully decide on a model.

Options are pay for plot (master gardeners already doing this), subscription/club, or community/unity garden. The Living Well FDL coalition would like to see a unity garden where anyone can participate.

Assessing Need/Community Interest

Discussion was around ensuring a community that stakeholders pick for a garden is ready and wants a garden. Ideas thrown around to gauge interest include a community survey, community voting and also reaching out to neighborhoods where volunteer or church groups have a presence.

Planning Committee Formation

Who do we have/who are we missing?

Bill Behnke – Master Gardener and assists with Riverside Elementary Garden

Compost Joe's – Sarah Everson

Marian University – Jon Morris and the Garden Club

Woodland Senior Park – Charlie Pratt

Habitat Restore

Fond du Lac Police Department

What next?

Living Well FDL Coalition will pull people together again in January to discuss next steps. Key missing stakeholders identified will be contacted and invited to next meeting. Thanks to all who came to share and discuss!

Friends of The Fond du Lac Loop meeting report

Meeting Date: October 21 2015

A preview of Loop plans for 2016 with details about a Loop trail development through Ledgeview Corporate Center. The plan will put the Agnesian Health care facility, the new Grande Cheese Corporate Headquarters, Society Insurance and several other significant new businesses right on or adjacent to the Loop.

Route description: (*optional reading if you attended the meeting*)The route will go from the Prairie Trail across the Martin St rail overpass bridge then West onto a 10' wide paved trail to Agnesian continuing on to Camelot Dr. Jordan's first plan included a trail through the land owned by CD Smith, but this was not supported by CD Smith. Jordan provided an alternate plan to add a bike path along Camelot Dr instead. Steve Little did offer to contact Justin Smith to discuss options of returning to the original (interior route) trail plan thereby saving on construction costs and having a more tranquil and beautiful route. (Thank you Steve!). Continuing west on the new trail, the user will exit the Corporate Center onto Mihill Ave North, West onto East Lane to Main (a fairly quiet intersection), then cross here onto the West side of Main. There will be a new 10' wide trail going south and rejoining the Loop at the Walgreens next to Pioneer Rd. 'Whew!'

2. Lakeside Park plans; Mercury Marine denied easement along Fond du Lac River going North from Scott St. Jordan proposed shifting the Loop to use Sibley to Doty to Scott St and moving the flashing stop beacons to the Doty/Scott intersection. Loop would then go by the Children's Museum connecting to a new trail across green space going out to the shores of Lake Winnebago and following the lakeshore east towards the Light House. Initially, the Loop will have to use the Promen Dr. Bridge. Sandi mentioned the possibility of a new Loop bridge as an exciting fundraising goal. After the bridge crossing, the Loop will traverse the Lakeside Park Island on a new route to an existing bike/ped bridge onto an 80 yd stretch of Park Ave then to the current Loop route that goes east along Harbor Dr.

3. Funding: I will not give exact figures in this report because the numbers are looking to change quite a bit. Suffice it to say that a powerful combination of Agnesian, City and TIF resources are in play plus FAF Loop donations and other support and additional business donors that are in the pipeline.

Bottom line is that The Loop is really something remarkable and special to this community and our Corporate, City, and Citizen Groups recognize this!

Following Jordan's Loop plan presentation discussion moved to a partial update of the 2014 Loop vision list:

1. The already mentioned plans presented by Jordan are on target for a 2106 completion date.
2. Discussion on *future plans* to explore paving the Peeples Trail to allow for handicap access in addition to rollerblade, road bike and skate board use. Also a continuation of the Peeples trail across Winnebago Dr with a new bridge bringing the Loop directly into Lakeside Park East.
3. Arrows and signage are well received and will continue to be updated.
4. Discussion about Friends support for blind spot line divider markings on Prairie Trail.
5. Decision to do Loop funding requests through our existing Friends of The Fond du Lac Executive group.
6. Discussion about at least one new trail opening event/celebration coinciding with the opening of the new trails in 2016.

Conclusion: It was a great meeting and I really appreciate you all taking precious time out of your day to be part of this really amazing project.

Thank you!

John McDowell

Friends of the Fond du Lac Loop