

Name of Meeting: Living Well FDL meeting

Facilitator: Kya Diehl

Date of Meeting: 8/16/2016 **Time:** 8am

Recorder: Kya Diehl

Attendance: Kara Kerrigan, Nicole Weigert, Dusty Krikau, Melanie Kautzer, Jeff Butz, Sharon Simmon, Kya Diehl, Heather Schmidt, Mary Jo Neumann, Sarah Kloetzke, Doniell Erickson

Topic:	Major Points Discussed:	Action Required:	Assigned to:	Due Date:
Welcome				
Update on Programs				
	Healthy 2020 Photovoice The public health department summer AHEC interns assisted the Boys & Girls Club in recruitment of students and communication of project. AHEC interns over came barriers in securing physical cameras which now are in Kya's possession, creating permission slips, and guide books/journals for the students. B&G Club students will begin with project in Fall 2016 due to delay in securing cameras.	B&G Club will implement project in Fall 2016.	Ongoing	Fall 2016.
	Intern for Summer 2016 - Doniell Erickson - Food environment Scan Doniell has completed almost 60 retail assessments including grocers, corner stores, and convenience stores in the City of Fond du Lac. This work will give the coalition baseline data	Doniell will be analyzing data soon. Kya continue to stay involved in statewide conversations.	Ongoing	

	<p>which will be helpful in obtaining state grants and determining strategies in creating a healthier food environment. FNV (Fruits and Vegetable), a partnership with Partnership for a Healthier America, is a marketing campaign has been purchased by HealthTide, UW Extension and DHS. Kya is having extensive conversations as to how to obtain the materials to run the program in our community. 3 pilot communities will launch in January 2017 - one being Brown County which has potential to affect Fond du Lac due to the shared media market. A community of practice for retail establishments such as grocers and corner stores will be explored to help connect them to healthy resources.</p>		
	<p>Walk with a Doc Expansion Dr. Schmidt shared that Agnesian is launching a “Happy Hour” walk after work for associates. Walk with a Doc has officially taken over the mall walking program and is having a kickoff event on September 15th with a morning walk, cooking demo, mindfulness seminars and more!</p>		
	<p>Farmers Market Outreach Updates/UHC Small Steps Through the USDA grant - tracking shows 25 educational events, 4385 attendees, and 23,056 materials distributed through farmers market promotions in second quarter of 2016. Dusty shared she is working on outreach to better align</p>		

	<p>the market shopping population to reflect the diversity of Fond du Lac. Outreach to EBONY vision has occurred. Subjective feedback from vendors reports high diversity in Eastern European shoppers - something to keep a pulse on!</p>			
	<p>Cardiac Rehab 3 Will be launching at the YMCA in October 2016 as Agnesian phases out of serving phase 3 patients. Y will offer 2 circuit classes for patients per week on T/TH mornings and provide blood pressure screenings before and after exercise. More details to come.</p>			
Resource Sharing				
	<p>HealthYouth Program Dr. Schmidt will be expanding this program in 2016-17 school year from Parkside to include Riverside and Chegwin. More to come.</p>			
	<p>Y5210 Update Expectations for program this year will be to stay stagnant and reach approximately 25 classrooms again. Kya continues to work on the statewide level with other YMCA's to find a way to partner with Department of Public Instruction to offer toolkits and curriculum in more cost effective ways for YMCAs.</p>			
Announcements				

	<p>YMCA Diabetes Prevention Program - Classes forming for Tuesday evenings at 5pm now! Session Zero classes are set up for August 29, September 29, and October 27 from 6-7pm at the YMCA in the boardroom!</p>			
	<p>FABOH Get Up & Go Challenge Partnering with Corporate Challenge this year. Sign up your organization with Jeff Butz at FABOH.</p>			
	<p>Mary Jo Neumann will be teaching a class at Marian this fall and intends to bring along her students to the future coalition meetings. These students will be looking for projects and internships. Please keep them in mind. mjneumann@fdlymca.org.</p>			
<p>Future Meeting Dates</p>	<p>October 18, 2016 December 20, 2016 8am - Boardroom at the YMCA</p>	<p>Mark calendar for future meeting dates.</p>	<p>All</p>	