

Name of Meeting: Living Well FDL meeting

Facilitator: Kya Diehl

Date of Meeting: 6/21/2016 **Time:** 8am

Recorder: Kya Diehl

Attendance: Jeff Butz, Laura Stalland, Sharon Simmon, Kya Diehl, Heather Schmidt, Joel Mason, Chelsea Smies, Taylor Fischer, Kim Mueller, Mary Jo Neumann, Sarah Kloetzke, Rose Ahern

Topic:	Major Points Discussed:	Action Required:	Assigned to:	Due Date:
Welcome				
	Introductions: Mary Jo Neumann - Healthy Living Director at the YMCA - new role and excited to be with the coalition and bring new ideas!			
Update on Programs				
	Healthy Kids Day - Walk with a Doc Great attendance from area physicians - 6 attended and walked with their families. 6 community families reaching 25 community members. People walked to at least one of the parks and distributed park information sheets found here: http://www.livingwellfdl.org/formyfamily.html Winner of fitbit was VERY appreciative.			
	Healthy 2020 Photovoice Agnesian Foundation has funded the project for \$2500 after Kya and Dr. Schmidt presented to the		Ongoing	

	<p>foundation last week. The public health department summer AHEC interns will be assisting the Boys & Girls Club in the implementation over the next month for the obesity priority area. The cameras will then rotate between priority areas with a larger showing of the curated photos in Spring 2017.</p>			
	<p>Intern for Summer 2016 - Doniell Erickson - Food environment Scan Doniell is a senior at Lawrence University pursuing a degree in Biological Anthropology. She will be working with the coalition during summer 2016 assessing the food retail environment. This work will give the coalition baseline data which will be helpful in obtaining state grants and determining strategies in creating a healthier food environment. Doniell piloted her surveys over Memorial Day weekend and we will have more data at the August meeting!</p>			
	<p>Downtown Farmers Market Videos - English video: https://youtu.be/YF_A2LBBn7s Spanish video: https://youtu.be/55fOrrJEwow Hmong video: https://youtu.be/j1-D9YdktmY Videos will be shared on Living Well FDL Facebook page - please repost and share!</p>		All	Ongoing
Resource Sharing				

	<p>Parkinson's Dance Class</p> <p>Joel Mason took a group of his participants to a class in Milwaukee and everyone loved it so it will be held at the YMCA August 8th at 10am. \$5 for community members and free to YMCA members. Discussion was had around the hopes to make this a permanent offering. Connections to Julie Wilson for Dance and Agneisan PR, Population health, and area retirement homes for promotion were discussed.</p>			
Announcements				
	<p>Memory Cafes - continue to run the 3rd Thursday of the month at 1pm at the YMCA. Senior Center continues to host monthly as well.</p>			
	<p>Blood Pressure Management Program at Y - not funded. Will apply again when available.</p>			
	<p>Family Bicycle Safety 101 @ YMCA with the Loop - July 20, 27 and August 3</p>			
	<p>Well City FDL success</p> <p>Jeff provided update that all 20 businesses and 20% of our employees in zip codes 54934,5, and 6 have achieved their workplace wellness awards. 4 or 5 more businesses are hoping to submit before the August deadline. Jeff shared next steps will be to take a 6 month deep breath. HRA biometrics</p>	Contact Jeff Butz to participate at jbutz@faboh.com	All	On

	before and after for the Well City initiative are being measured. More to come.			
Future Meeting Dates	August 16, 2016 October 18, 2016 December 20, 2016 8am - Boardroom at the YMCA	Mark calendar for future meeting dates.	All	